



# JUNE HOLIDAY ENRICHMENT PROGRAMMES

2011



**Both students with or without autism welcome! All programmes are autism-friendly!**

## IMPORTANT NOTES

1. Registration Closing Date – **19 May 2011 (Thur)**
2. Registration is based strictly on a first-come-first-served basis, subject to suitable placement after review
3. Subsidies are available for needy families (household income of less than \$2,500 per month), for ARC clients or Pathlight students
4. Pathlight students can also make use of their Edusave Fund for some of the programmes.
5. Pathlight School students enjoy special rate for some of the programmes
6. Cheque to be made payable to "ARC (S)". If registration is rejected, ARC will arrange to refund payment.  
An administrative charge of \$25 shall be imposed for every cheque dishonoured and returned by the banks
7. No refund will be entertained if cancellation is made 3 days or less before commencement of programme.
8. ARC reserves the right to reject or make changes to the programmes due to unforeseen circumstances

## ACT NOW!!

**Please complete the enclosed Registration Form and return it to MR DENNIS TAN, AUTISM RESOURCE CENTRE (SINGAPORE), no later than 19 May 2011 (Thur).**

**For enquiries, please email MR DENNIS TAN at [dennis.tan@autism.org.sg](mailto:dennis.tan@autism.org.sg) or contact him at 9660 8158.**

# SPORTS & FUN CAMP

**1 SENIOR**

**JUNIOR**

**5**

**DATE & TIME**  
30 May - 1 Jun (Mon - Wed)  
8.30am - 5.00pm  
8.30am - 8.30pm (1 Jun)

**DATE & TIME**  
6 - 8 Jun (Mon - Wed)  
8.30am - 5.00pm  
8.30am - 8.30pm (8 Jun)

**INSTRUCTOR**  
Brian Ravi, Ex-S-League Captain,  
Pathlight Senior PE Instructor & supported by  
Dennis and team

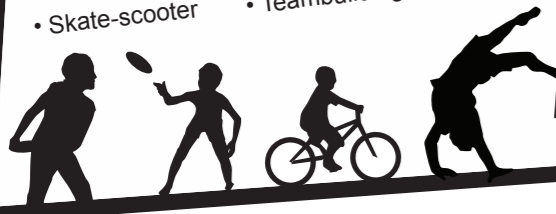
**TARGET AUDIENCE**  
Pri 4 - Sec 5  
(pending review for  
readiness)

**TARGET AUDIENCE**  
Pri 1 - Pri 3  
(pending review for  
readiness)

**FEES**  
\$321 (\$276 for PL students)  
(includes lunch/snacks/transportation/  
field trips fees & souvenir)  
PS: add \$20 for each family member coming  
for the Dinner cum Slideshow on the last night

**GOALS**  
Have fun learning new sports/ leisure skills.  
Also, to encourage physical exercise and  
improve motor skills. Activities include:  
- Waterplay in a public swimming pool  
- Field trips to Sentosa Boardwalk, Tampines  
Eco-Park, Sun Plaza Park and a transformed  
Bishan Park

- Hiking
- Cycling
- Kite-flying
- Skate-scooter
- Ball games
- Water games
- Basic Sports Skills
- Teambuilding games



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# LASER GUN STRATEGIC & TACTICAL ACTION GAME SPORTS

**GOALS**  
Experience a game straight out of a video game! A great opportunity for students to handle a state-of-the-art laser rifle, pistol and detonator balloon bomb. Structured props will be set-up. Also, experience the planning before a battle.

- Program Objectives:
- Gain confidence in handling state- of-the-art weapons
  - Learn to focus and accomplish a goal
  - Be engaged in all senses - sensory, tactile, cognitive & auditory
  - Gain some social skills, like interaction, taking instructions, working in a team

Exciting new combat scenarios will be introduced.

**DATE & TIME**  
2 & 3, 9 & 10 Jun  
(Thu & Fri)  
3.00pm - 5.00pm

**INSTRUCTOR**  
Christopher Aw & team  
from Strategic & Tactical  
Action Game Sports

**TARGET AUDIENCE**  
Pri 5 - Sec 5  
(pending review for  
readiness)

**FEES**  
\$149.80  
(\$104.80 for PL students)

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# MAGIC FABRIC & PERSONALISED T-SHIRT PAINTING



**GOALS**  
Love the prints on your friend's t-shirts? Now is your opportunity to have your own personalised printed t-shirt!

- Program Objectives:
- To learn the process of fabric painting using the innovative multi-colored paints
  - To promote creativity and encourage expression of color

The highlight for the student is to bring home a personalized T-shirt and a framed fabric painted picture!

**DATE & TIME**  
9 - 10 Jun  
(2.00pm - 3.30pm)

**INSTRUCTOR**  
Jason Quek  
Owner/Trainer of  
Amazing Tees

**TARGET AUDIENCE**  
Pri 1 - Sec 5  
(pending review for  
readiness)

**FEES**  
\$107 (\$77 for PL students)  
(includes 1 t-shirt/picture  
frame/paints/materials)

**2**

**JUNIOR**

**SENIOR**

**3**

**DATE & TIME**  
2 & 3, 9 & 10 Jun (Thu & Fri)  
9.00am - 10.30am

**DATE & TIME**  
2 & 3, 9 & 10 Jun (Thu & Fri)  
10.45am - 12.15pm

**INSTRUCTOR**  
Andrew Pung, Chief Trainer  
My 3 Wheels Pte Ltd

**TARGET AUDIENCE**  
Pri 1 - Pri 4  
(pending review for  
readiness)

**TARGET AUDIENCE**  
Pri 5 - Sec 5  
(pending review for  
readiness)

**FEES**  
\$107 (\$77 for PL students)  
(includes rental of Trikke, helmet  
and safety gears)

# TRIKKE-XERCISE

**GOALS**  
Imagine skiing without the snow - that's Trikke-Xercise!

A fun sport that is safe & easy to learn, low impact and at the same time gives a full body, cardio respiratory workout. Trikke is a 3-wheel chainless, pedal-less human propel machine! No pushing, no pedaling, just alternates leaning side-to-side to move forward! The longer you use Trikke, the faster, further, longer you want to go! Extremely useful in improving upper and lower body co-ordination.

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# BASIC SOCCER SKILLS

### GOALS

Learn the basic soccer skills in order to play and impress your friends! Have the opportunity to play in an artificial futsal pitch!

- Learn basic soccer skills, e.g. how to control, kick, dribble and shoot
- Experience how the game is played in a team

A good refresher programme for those who had attended past classes to sharpen their basic soccer skills and play with friends



### DATE & TIME

13 - 17 Jun (Mon - Fri)  
9.00am - 10.30am

### INSTRUCTOR

Noor Hafiz,  
Pathlight PE Teacher,  
Ex-S-League Player and  
soccer coach of  
mainstream schools

### TARGET AUDIENCE

Pri 1 - Sec 5  
(pending review for  
readiness)

### FEES

\$107 (\$77 for PL students)

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# CREATIVE CRAFT

### INSTRUCTOR

Mr Han K T, Principal, Paris-trained Artist and Art Therapist, Han's Art & Living. The focal point for all his programs and methods is the PROCESS in developing character, boosting confidence and fuelling the love for learning.

### GOALS

No more buying toys! Here's your chance to create and install your very own craft pieces!

- Cupcake designing
- Wooden Cars Installation
- 3-Storey Doll House

A good opportunity for exercising creativity and expression of colors and simple installation of craft pieces. Also great for improving fine motor skills.



### DATE & TIME

13 - 17 Jun (Mon - Fri)  
2.00pm - 3.30pm

### TARGET AUDIENCE

Pri 1 - Pri 4  
(pending review for  
readiness)

### FEES

\$160.50  
(includes all materials)

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# FUTURISTIC COMIC DRAWING

### INSTRUCTOR

Mr Han K T, Principal, Paris-trained Artist and Art Therapist, Han's Art & Living. The focal point for all his programs and methods is the PROCESS in developing character, boosting confidence and fuelling the love for learning.

### GOALS

Basic training for budding comic-artists! Learn...

- To draw in quick and simple ways
- To create unique characters
- To communicate via drawings
- To construct and style a story

To tickle the students' creativity and stimulate them to think out of the box, 5 sessions of fun and creative drawing await all budding cartoonists. To enhance creativity the theme is "Futuristic" with focus on drawing of humans, animals and robots.

### DATE & TIME

13 - 17 Jun (Mon - Fri)  
3.45pm - 5.15pm

### TARGET AUDIENCE

Pri 5 - Sec 4  
(pending review for  
readiness)

### FEES

\$160.50  
(includes all materials)

# STAGE & DRAMA

### GOALS

Take the first step to be a movie star! Set to the theme of "Runaway Gingerbread Man", budding actors will be introduced to the basic of stage & drama:

- Vocal Tone/Volume,      - Voice Projection
- Body Language and        - Voice Modulation
- Facial Expression        - Positioning on stage

To create more fun and involvement in the workshop, students will get personal experience in:

- Making Gingerbread Man cookies
- Creating their very own Gingerbread Man Costume
- Staging a Full Dress Rehearsal

If our budding actors are ready, we may let them loose on stage. And parents stay tuned... You may be invited...!

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## JUNIOR

### DATE & TIME

13 - 17 Jun (Mon - Fri)  
9.00am - 10.30am

9

## SENIOR

### DATE & TIME

13 - 17 Jun (Mon - Fri)  
10.45am - 12.15pm

### INSTRUCTOR

Corina, free-lance Education Consultant, have many years of speech & drama experience working with students from aged 3 - 12 years old.

### TARGET AUDIENCE

Pri 1 - Pri 3  
(pending review for  
readiness)

### TARGET AUDIENCE

Pri 4 - Pri 6  
(pending review for  
readiness)

### FEES

\$171.20 (includes all materials)

# INLINE SKATING FOR BEGINNERS

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### DATE & TIME

13 - 17 Jun (Mon - Fri)  
2.00pm - 3.30pm

13

### DATE & TIME

13 - 17 Jun (Mon - Fri)  
3.45pm - 5.15pm

### INSTRUCTOR

Professional coaches from Skateline who also run ARC Enrichment weekly intermediate skating classes

### TARGET AUDIENCE

6 - 18 years old  
(pending review for readiness)

### FEES

\$128.40  
(\$88.40 for PL students)  
(includes rental of skates  
and safety gears)

### GOALS

One of the most suitable sports for children with ASD. Besides improving motor skills, balance & coordination, students will be taught the foundation to in-line skating. They will learn basic skating skills like:

- how-to-fall, stride, balancing, braking, turning and safety.

Also, a good refresher programme for those who attended past classes.



# ARC ENRICHMENT SERIES

## Registration Form (for Non-Pathlighters)

### 2011 JUNE HOLIDAY ENRICHMENT PROGRAMS

**Closing Date: 19 May 2011(Thur)**

Send to: ARC (S)  
5 Ang Mo Kio Avenue 10  
Singapore 569739  
Attn: Dennis Tan  
Fax to: 6323 1974

*Particulars of Child*

Name of Child	Age	Level
Name of School		
Home Address		
Medical History (if any)	Parent's Name:	
Special Diet (if any)	Contact:	
	(HP) _____ (R) _____	
	Email:	

Program	Program Date	Time	Fee (inclusive of GST)	Tick pls
1. Sports & Fun Camp (Senior) (for Pri 4 – Sec 5)	30 May – 1 Jun	8.30am – 5.00pm	\$321	
2. Trikke-Xercise (Junior) (for Pri 1 – Pri 4)	2, 3, 9 & 10 Jun	9.00am – 10.30am	\$107	
3. Trikke-Xercise (Senior) (for Pri 5 – Sec 5)	2, 3, 9 & 10 Jun	10.45am – 12.15pm	\$107	
4. Laser Gun (for Pri 5 – Sec 5)	2, 3, 9 & 10 Jun	3.00pm – 5.00pm	\$149.80	
5. Sports & Fun Camp (Junior) (for Pri 1 – Pri 3)	6 – 8 Jun	8.30am – 5.00pm	\$321	
6. Magic Fabric & Personalised T-Shirt Painting (for Pri 1 – Sec 5)	9 – 10 Jun	2.00pm – 3.30pm	\$107	
7. Basic Soccer Skills (for Pri 1 – Sec 5)	13 – 17 Jun	9.00am – 10.30am	\$107	
8. Stage & Drama (Junior) (for Pri 1 – Pri 3)	13 – 17 Jun	9.00am – 10.30am	\$171.20	
9. Stage & Drama (Senior) (for Pri 4 – Pri 6)	13 – 17 Jun	10.45am – 12.15pm	\$171.20	
10. Creative Craft (for Pri 1 – Pri 4)	13 – 17 Jun	2.00pm – 3.30pm	\$160.50	
11. Futuristic Comic Drawing (for Pri 5 – Sec 5)	13 – 17 Jun	3.45pm – 5.15pm	\$160.50	

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Program	Program Date	Time	Fee (inclusive of GST)	Tick pls
12. In-line Skating (Beginners) (for age 6 – 18 yrs old)	13 – 17 Jun	2.00pm – 3.30pm	\$128.40	
13. In-line Skating (Beginners) (for age 6 – 18 yrs old)	13 – 17 Jun	3.45pm – 5.15pm	\$128.40	

**Add \$20 for each family member attending the “Dinner cum Slideshow” (7pm – 8.30pm) on the last day of the Sports and Fun Camp (pls indicate number of persons coming): \_\_\_\_\_**

**IMPORTANT NOTE:**

- Registration is based on a first-come-first-serve basis, subject to suitable placement after review.
- Cheque to be made payable to “ARC (S)”. If registration is rejected, ARC will arrange to refund payment. An administrative charge of \$25 shall be imposed for every cheque dishonoured and returned by the banks.
- No refund will be entertained if cancellation is made 3 days or less before commencement of programme.
- ARC reserves the right to reject or make changes to the programs.
- Please contact Dennis at 9660 8158 if you have any queries.

**INDEMNITY/CONSENT**

I, \_\_\_\_\_ (IC No. \_\_\_\_\_), know that the Autism Resource Centre (Singapore) will do its best to ensure the safety and well being of the children. However, in the event of any accident occurring, I shall not hold the Autism Resource Centre (Singapore) responsible and neither will I allow or take any legal action and/or make any claims against the Centre, its teachers or the organizers of the program.

I **agree / do not agree** \* to pictures/video of my child taken during the program to be used in ARC/Pathlight newsletter, website or any publicity activities. This also serves the purpose of letting others know more about the abilities of children with ASD.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

**\* Please delete accordingly**