

# 内政联队助新光成立首个足球队

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有特别需求的青年如今也能接受专业足球教练的训练，发挥运动方面的潜能。

内政联队（Home United）与新光学校（Pathlight School）合作，组织新光学校的首个足球队，给有特别需求的青年展开每月一次的专业足球训练。此计划由中区社区发展理事会（Central Singapore Community Development Council）赞助。

中区社理会在2001年成立足球计划（Free Kicks Programme），主要聚集低收入家庭及处在青春叛逆期的青年，为他们提供机会接受新加坡联赛球员及本地教练的专业

足球训练。

如今，中区社区发展理事会扩展计划范围，与内政联队合作，为有特别需求的青年提供训练，让他们发挥运动方面的才能，实现梦想。

内政联队总经理马哈林根（S Mahalingam）认为，这次与新光学校的合作将能让这些有特别需求的青年从中受益，通过足球训练中所学到的团结、团队精神等，促进人与人之间的沟通与合作关系。

黄凯嵩（20岁，淡马锡理工学院）是新光学校足球队的成员之一，也是新光学校的校友。他说，足球训练让他结交了不少新朋友，在足球训练中学习到的团队精神对课业的学习也很有帮助，如小组作业最需要的就是团队精



内政联队与新光学校合作，让有特别需求的青年通过足球训练中所学到的团结、团队精神等，促进人与人之间的沟通与合作关系。（何炳耀摄）

神。

新光学校总监兼加冷集选区议员潘丽萍受询时说，体育能拉近不同背景的人之间的距离。她认为，这些有特别需求的青年也是新加坡的一份子，同样也能玩乐，有自己的

社交空间，应该把他们融入新加坡的主流社会，而不是将他们遗忘。

内政联队与新光学校合作组织的首个足球队目前已聚集15名有特别需求的青年。

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## Translation

### Home United FC helps Pathlight School to form its first football team

Special needs youth will get the opportunity to receive football coaching from professional coaches and develop their potential.

Home United FC is partnering Pathlight School to help the latter develop its first football team through a once monthly football coaching session. The project is funded by the Central Singapore Community Development Council (CDC).

Central Singapore CDC set up the Free Kicks Programme in 2001 to provide opportunities for youth from low-income families and at-risk youth to receive football coaching from S-League players and coaches. Today, the CDC has expanded the programme to work with its partner Home United FC to train special needs youth in football, develop their potential and realise their sporting dreams.

Home United General Manager S Mahalingam said that the collaboration with Pathlight School will benefit the special needs youth who will get to learn important life skills such as teamwork, esprit de corps and enhanced interpersonal communication.

Huang Kai Song, 20, from Temasek Polytechnic, is an alumnus of Pathlight School. He said that participation in the football training had enabled him to make more new friends and learn the importance of teamwork. Pathlight School supervisor and MP for Moulmein-Kallang GRC Denise Phua said that sports can act as a bridge between people of different backgrounds. She said that special needs youth are also part of the Singapore family, and can also play and socialise with others, and hence should be integrated as part of the community and not neglected.

Currently, there are 15 special needs youths in the football team under the Home United FC and Pathlight School collaboration.