



TRAINER PROFILE

PAULA TEO



An NTU engineering graduate, Ms Paula Teo started her career in special needs in 1999 with the Autism Association (Singapore) in their Youth Programme. After a brief period with APSN, she rejoined the Autism Association (Singapore) in their Early Intervention Program. She has obtained her Certificate, Higher Certificate and Diploma in Autism Studies from the Autism Resource Centre (Singapore). She has also undergone training in the approaches of Structured Teaching with Division TEACCH of the University of North Carolina, United States of America.

Ms Teo has been trained in various teaching and intervention techniques for improving cognitive functioning and behavioral management. Over the past 12 years, Ms Teo has worked with individuals with autism in various intervention models, with the last 2 years positioned as the Head of Centre at the Autism Children's Centre (Simei).

Ms Teo currently holds the position of Senior Manager, Programme and Services at the Autism Association (Singapore) and is also now the acting Head of Centre of the Autism Youth Centre. With support from the Autism Resource (Singapore), she is heavily involved in driving and shaping the program at the Youth Centre in its transformation into a centre for adults. Ms Teo is also one of the facilitators at Autism Resource Centre's specialist training course in the area of adults with autism.